

# *SCFA – Training Bulletin 23- 07*

## Firefighter Rehab

The health and well being of our personnel should be our primary concern

Rehab should be included in all operations where environmental, physical, and psychological stress can occur. Follow NFPA 1584

Identify, examine condition of personnel who are working at emergency scene or training exercise

Location away from scene but accessible for transport, canopy to provide shade, remove PPE, misting fans for cooling, wet / cold towels, cooling vests, seats for temporary rest, coolers w/ water or other hydrating beverages

Rehab Functions: hydrate, rest, tracking vitals (respiratory rate, BP, heart rate, temperature, lung sounds), GCS Score

Provides for access to post-exertion medical evaluation and monitoring- obtain vitals upon entry to rehab and after hydration and rest

Medical attention for potential smoke inhalation, heat exhaustion / heat stroke

Vitals within limits in order to release from rehab back to incident / recovery



**Fire Department Actions**  
**Policy on Post – Incident Rehab**  
**Safe location, provide shade & rest**  
**IC must consider Rehab**  
**Under EMS Sector**  
**Staffed by minimum 2 BLS w/ ALS Support**



Visit our website [www.scfa-li.org](http://www.scfa-li.org)  
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